



Low Intermediate Copenhagen and environs, 6 - 12 June 2020(Sat - Fri)

Join Brenda for a very special insight into Copenhagen and the surrounding area. This holiday offers a tremendous variety of walks all within easy reach of the extraordinary city of Copenhagen. The walks take us through woods, along sandy beaches and on top of spectacular chalk cliffs with views towards Sweden and the island of Hven, which we will visit by ferry. Denmark is known as a farming country, but ever since the Vikings it has also been a seafaring nation. Nowhere in Denmark is further than 60 kilometers from the coast with its hundreds of bays, inlets, headlands and small islands. On our walks north and south of the capital – and in the capital itself – we will enjoy the peace and quiet of rural Denmark, visiting cosy old fishing villages, the former hunting grounds of kings and the spectacular white cliffs of Stevns. A small ferry will take us to the Swedish island of Hven between Denmark and Sweden. Our walk on Hven will offer beautiful views of the mainland on both sides of the Sound. Our first day will include a guided walking tour around the city to help us explore some of the city's hidden gems.

Our base will be the newly renovated Danhostel Copenhagen next to the harbor and just a few minutes from both the central station and the old part of the city. Transport to and from the walks will be by public transport, mostly by train, and in the evenings, we will explore the lively streets and cosy eateries in central Copenhagen and sample some of the local dishes- and maybe a chilled Carlsberg!

Itinerary *(subject to change)*

Day 1

Arrive at Copenhagen airport and transfer via public transport to our accommodation in the city centre. The transfer takes about an hour. After settling in to our rooms we will meet up in the hostel café for a holiday briefing before we set out for a stroll around Slotsholmen, the historical and political heart of Copenhagen on our way to our first restaurant meal together.

Day 2

A day spent getting to know the city. We will meet up with our local guide, Gitte Merild, who will show us the sights and delights of her city. While there is so much to see in Copenhagen, many of the sights are fortunately in or near the city centre. You will get a taste for where you might want to explore further on your free day. We will return to the hostel to eat our packed lunches and then set out for a quieter walk along the banks of the harbour waterways and canals towards the famous hippy freetown Christiania. On our return, we will explore the old port area where the huge warehouses now hold restaurants (including the world famous Noma), galleries and cultural centres.

Day 3

An early start to take the ferry across the Oresund sound to the Swedish island of Hven, a delightful small island and rural conservation area. Our walk will circumnavigate the southern end of the island taking in views across the sound towards Sweden on one side and Denmark on the other. We will stop at the small settlement of Uraniborg for coffee and to explore the museum and observatory of Tycho Brahe a famous 16th century astronomer. Walking back along the north eastern coastal path to meet the return ferry we pass many summer houses and landing jetties as the island is one of the places that the city dwellers of Copenhagen and Malmo retreat to in the summer months. There's a lovely café at the little port of Backvikken where we can rest before the ferry lands.

Day 4

We will take a train from the central station to explore the stunning World Heritage coastline and chalk cliffs of Stevns Klint. A short taxi ride from Store Heddinge station takes us to the coastal path overlooking the Baltic Sea. We will walk south along the coastal path to the fishing port of Roedvig where we can get the train back.

The cliffs are unique as a breeding ground for rare and endangered animals. We might even see peregrine falcon along with waders finches and meadow birds which rest and nest in the area. Above the cliffs there are beautiful limestone

pastures full of flowers, which provide particularly good conditions of life for butterflies and moths. The path takes us past the Stevs Fyr lighthouse which is open to the public. The old church of Hojerup which sits perilously on the cliff edge is also quite spectacular as is the now disused limestone quarry of Boesdal Kalkbrud. We finish the walk at the lovely harbour and beach of Roedvig where, train times permitting, we might have an ice cream or cold beer sitting in the sun looking out over the Baltic.

Day 5

Free day to explore more fully the castles, museums and galleries of the city, go shopping, catch a train to Louisiana the Museum of Modern Art to the north of Copenhagen, go outdoor swimming or just sit in the sun by the river watching life go by.

Day 6

A short ride by train to Klampenborg, a stylish seaside resort much used by the Copenhagen locals. We will walk through the Dyrehaven (Kings Deer Park), former royal hunting grounds and still home to large numbers of deer. The ancient oak and beech woods are a wonderful spot for walking. We will leave the park to visit Radvad, an 18th century industrial heritage village. Walking back to Klampenborg along the Oresund Sound we pass through the old harbour of Tarbaek where we can have afternoon tea on the veranda overlooking the Sound.

Day 7

After breakfast, we can leave our bags in the hostel's baggage store and, if you want, take a final walk along the waterfront and have a bite to eat before getting the bus back to the airport. You might opt out of the walk and do a bit of last minute shopping/sightseeing in the city.

Price includes: 6 nights B&B in good quality ensuite hostel accommodation; 4 lunches; all travel to walks; city tour; entrance to Hven museum. Single ensuite rooms may be available if you book early (supplement £20 per night).

Not included: flight, airport transfer by public transport, 2 lunches; dinner

Flights & Transfers – Flight to Copenhagen is not included We believe that this gives maximum flexibility and the best chance of getting a good price as well as the option to extend your stay. **Please note that flights will not be met by a guide for this holiday which means that you can choose a flight to suit.** To find suitable flights try <http://www.skyscanner.net/> Below are a few possibilities for you to consider:

Easyjet from London Gatwick

DATE	FLIGHT	AIRPORT	COUNTRY		DEPART	ARRIVE	AIRPORT	COUNTRY
6/6/2020	EZY8267	London Gatwick	UK		1150	1445	Copenhagen	DENMARK
12/6/2020	EZY8268	Copenhagen	DENMARK		1725	1830	London Gatwick	UK

Ryanair from London Stansted

DATE	FLIGHT	AIRPORT	COUNTRY		DEPART	ARRIVE	AIRPORT	COUNTRY
6/6/2020	FR7384	London Stansted	UK		08.40	11.25	Copenhagen	DENMARK
12/6/2020	FR7381	Copenhagen	DENMARK		17.30	18.30	London Stansted	UK

Scandinavian Airlines (SAS) from Manchester

DATE	FLIGHT	AIRPORT	COUNTRY		DEPART	ARRIVE	AIRPORT	COUNTRY
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6/6/2020	SK540	Manchester	UK		1000	1245	Copenhagen	DENMARK
12/6/2020	SK541	Copenhagen	DENMARK		1720	1815	Manchester	UK

NB There is also an earlier EasyJet flight from Manchester.

The transfer to / from Copenhagen airport

Outbound transfer You will be provided with full instructions for your public transport transfer to the accommodation.

Return Transfer: Your guide will ensure that you have the information you need for your return journey to the airport.

Meeting up arrangements in Copenhagen

Detailed meeting up arrangements will be sent out by email approximately 2 weeks before the start of the holiday.

Is your Passport in date? Please check at this stage that your passport has plenty of time before it expires. It is not too late to renew it now.

Foreign currency There are ATM machines at Copenhagen Airport and throughout the city. You will need Danish Krone cash with you for any meals, drinks that are not included.

What to bring

Walking boots - leather or waterproof fabric, broken in and comfy, with sufficient tread left for good grip.

Several pairs of walking socks. If your feet blister easily, try 2 thin pairs of coolmax to reduce how hot your feet get.

Waterproof jacket and trousers. It can rain!

Extra fleece or sweater to put on during a stop or if it's windy.

Trousers &/or shorts - loose enough not to restrict your movement (Jeans are not advisable)

Daypack - to carry spare gear, waterproofs, packed lunch, water & other bits and pieces.

Water flask or strong plastic water bottle - 1.5 litres. The Platypus water system (or similar) is very effective.

Sun screen, lip salve, sun hat

Large plastic bag to keep the contents of your rucksack dry if it rains.

Walking poles - not essential, but very good if you have troublesome knees or difficulty with uneven ground.

Cash in Krone, up to date Passport & flight booking reference, insurance details, this holiday sheet for contact details

Non-essential, but they may be important to you!

Camera & spare battery; charger; plug adapter; maybe binoculars; a mat to sit on during a drink stop; mobile & charger; phrase book; spare bootlaces; zinc oxide tape to prevent blister - and Compeed in case you didn't put the zinc oxide tape on in time.