



## Gentle Gower Travel Directions

**Accommodation:** Oxwich Bay Hotel, Oxwich SA13 1LS Tel: 01792 390329

**WalkingWomen Office:** 0114 241 2774

### By train

There are frequent trains to Swansea which is 12 miles away.

- From London Paddington direct trains run hourly, 3hrs 35 mins
- From Manchester, frequent trains via Newport, 4 hrs 40 mins

There are taxis at the station or you can pre-book via Swallow Travel on Tel. 01792 71 20 20.

### By bus from Swansea

Leave Swansea Rail Station and catch the purple bendybus to the main Bus Station. It runs every 12 minutes from directly outside the main railway station and takes just 5 minutes to arrive, for a nominal fee. Alternatively, take a 15 minute walk or a brief taxi ride to get to the bus station.

Catch one of the 118 or 116 buses that link up with the 117 to arrive at Oxwich Cross, just ¼ mile stroll from the hotel. The changeover at Parkmill is a scheduled connection where the buses wait for each other to arrive. For up to date timetable information please see the Traveline website, <http://www.traveline-cymru.info/> or ring them on Traveline Cymru 0871 200 22 37 or 01792 572255.

### Arriving by car:

- Leave the M4 at Junction 42, which will take you into Swansea.
- Follow the signs for the Gower and then South Gower.
- You will see Swansea Bay to the left of you, head towards Mumbles but keep following the signs for Gower.
- Take a right turning at the traffic lights for Singleton Hospital.
- Right at the next mini roundabout, straight through the next set of traffic lights and left at the 'T' Junction onto the South Gower Road.
- Follow this road through Killay, past Swansea Airport, until you see a sign for Oxwich on your left hand side.
- Take a left at Oxwich Village cross roads, The Oxwich Bay is by the beach at the end of the road. Park in the hotel car park.

### Travel help & ticket bookings

For help with any train or coach ticket bookings in the UK, contact Gates Travel in Ambleside. They will happily find out what's possible and up to date prices and times etc, book the ticket, post it to you (Booking fee applies) **Gates Travel Service:** on 015394 33200 or Email: [ambleside@gatestravel.co.uk](mailto:ambleside@gatestravel.co.uk)

Alternatively, use the **Train Enquiries** website journey planner to check your options [www.nationalrail.co.uk/](http://www.nationalrail.co.uk/) then follow their links to purchase it from the train company in question (or a choice of several to buy it through). Some train companies offer an online purchasing discount if you buy it direct from them online

### WalkingWomen

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